

## Referral Pathways for Youth from Hospital Emergency Departments

Website: [www.simcoemuskokataysos.com](http://www.simcoemuskokataysos.com)

- Provides a link to 3 different websites that you can use to find appropriate services in your community:
- 211 Common Point <https://mentalhealthandaddictions.cioc.ca/>
- Child, Youth and Family Services Coalition mini directory <http://www.simcoecountycoalition.ca/need-help/>
- North Simcoe Muskoka Health Line <http://www.nsmhealthline.ca/>

### Collingwood

- **New Path** serves children and youth birth to age 18.
  - Offers a full range of children's mental health services – child and youth groups, parenting groups, brief and longer term counselling, school based services, individual and family therapy. See website for details.
  - To access service; clients can attend a Walk in Clinic held every Wednesday at the New Path office in Collingwood – 275 First Street, unit 7, 8, 9.
  - Clinic runs 11-7 with the last appointment at 5:30
  - If the time of the clinic is an issue, please have the client call our Central Intake department at 705-725-7656
  - See website for details: [www.newpath.ca](http://www.newpath.ca)
- **Catholic Family Services** – will see children and youth age 12 and up in the context of their family
  - Walk in Clinic for CFS in Collingwood – 199 Campbell Street; Fridays from 9:30-3:30
  - Can also provide on-going counselling
- **Georgian Bay Family Health Team**
  - Referral via family doctor to their mental health services
  - Individual and group counselling available as well as a Walk in Clinic.
  - Walk in Clinic is held on Wednesdays from 9a.m. to 4p.m. at 186 Erie Street, Suite 100B – no referral required for Walk in

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### Barrie

- **New Path** serves children and youth birth to age 18.
  - Offers a full range of children's mental health services – child and youth groups, parenting groups, brief and longer term counselling, school based services, individual and family therapy. See website for details.
  - To access service, clients can attend a Walk in Clinic held every Wednesday and Thursday at the New Path office in Barrie – 165 Ferris Lane
  - Clinic runs 11-7 with the last appointment at 5:30
  - If the time of the clinic is an issue, please have the client call our Central Intake department at 705-725-7656
  - See website for details: [www.newpath.ca](http://www.newpath.ca)
- **John Howard Society** all about youth mental health walk in
  - Walk-in only mental health program for youth ages 12-24 who are experiencing any mental health challenges
  - This service is offered in Barrie at 80 Bradford St., Suite 530 Tuesdays and Wednesdays 1pm to 7pm
- **Kinark Child and Family Services** serves children and youth birth to age 18
  - Contact Central Intake - 1-888-454-6275 for referral to their programs.
  - Provide child and youth groups, parenting groups, longer term counselling
- **Catholic Family Services** – will see children and youth age 12 and up in the context of their family
  - Walk in Clinic for CFS in Barrie – Wednesday and Thursdays from 12- 7; 20 Anne Street
  - Can also provide on-going counselling
- **Barrie Family Health Team**
  - Child and family services consist primarily of facilitating referrals to specialized children's services where appropriate as well as providing information for parents
  - 705-726-4225 Ext. 2611 or 2612

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### Orillia

- **New Path** serves children and youth birth to age 18.
  - Offers a full range of children's mental health services – child and youth groups, parenting groups, brief and longer term counselling, school based services, individual and family therapy. See website for details.
  - To access service, clients can attend a Walk in Clinic held every Wednesday at the New Path office in Orillia – 169 Front Street South
  - Clinic runs 11-7 with the last appointment at 5:30
  - If the time of the clinic is an issue, please have the client call our Central Intake department at 705-725-7656
  - See website for details: [www.newpath.ca](http://www.newpath.ca)
- **Catholic Family Services** – will see children and youth age 12 and up in the context of their family
  - Walk in Clinic for CFS in Orillia– Mondays from 12- 7; 20 Anne Street
  - Can also provide on-going counselling
- **John Howard Society** all about youth mental health walk in
  - Walk-in only mental health program for youth ages 12-24 who are experiencing any mental health challenges
  - This service is offered in Orillia at 17 Colborne St., Suite 109 Thursdays from 1pm to 7pm and Saturdays from 11am to 2pm.
- **Couchiching Family Health Organization**
  - Offer mental health services (groups and brief counselling) to patients of docs within the FHT – 119 Memorial Avenue
  - Offer a Single Session Counselling Service on Thursdays from 9-11:30; no doctor referral is required
  - Offer anxiety groups for children age 9-12 and teens 13-17

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### Midland

- **New Path** serves children and youth birth to age 18.
  - Clients can attend a Walk in Clinic held every Tuesday at 845 King Street Clinic runs 10:30-4:30. This Walk in Clinic is held in conjunction with Catholic Family Services
  - On-going counselling services are offered by Kinark in Midland
- **Kinark Child and Family Services** serves children and youth birth to age 18
  - Contact Central Intake - 1-888-454-6275 for referral to their programs.
  - Provide child and youth groups, parenting groups, longer term counselling
- **Catholic Family Services** – will see children and youth age 12 and up in the context of their family
  - Walk in Clinic for CFS in Midland– Tuesdays from 10:30-4:30 at 845 King Street
  - Can also provide on-going counselling
- **North Simcoe Family Health Team**
  - Offer mental health services (groups and brief counselling) to patients of docs within the FHT – 952 Jones Road, Suite ! 705-526-7804. No doctor referral required for mental health services
  - Offer a Single Session Counselling Service on Thursdays from 8-11:00; for patients of a FHT physician